



**Running in Heels:  
A Memoir of Grit and Grace  
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By Mary A. Pérez  
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## A Memoir of Grit and Grace

**Now!** with Questions for Discussion

A story of coming of age—and coming into grace—that is perfect for book clubs.

Somewhere between stealing cold cuts from stray cats and watching a stranger leave her mother's bed after breaking in through their bedroom window, Mary figured out that her family was dirt poor. Worse than her empty stomach, she was hungry for acceptance and love in the shadows of her mother's choices and on through an abusive marriage. *Running in Heels* is a promise of hope for anyone who was abandoned as a child, for anyone who woke up hungry and went to bed hungrier every day, and

for every wife who has loved a husband who left bruises on her heart and on her body. Mary A. Pérez narrates an incredible story of survival and forgiveness against all odds.

“A universal tale written with clarity and elegance. An honest, open, and blameless account that is highly recommended for book groups and faith groups.” – *Charli Mills*, Amazon reviewer

“I honestly believed Nicholas Sparks was the only author who would make me cry . . . but along came *Running in Heels* that within a few pages had tears running down my cheeks. I literally devoured this book.” –*Silvia Martinez*, Amazon reviewer

## About the Author

Mary A. Pérez was born in the Bronx, raised in Miami, and now resides in Texas. Of Puerto Rican descent, she is blessed to be the mother of four grown children and the “Mimi” to two gorgeous grandchildren. She has been happily married (the second time around) to a phenomenal man for more than twenty years. Mary is available for events, book club presentations, and book signings.

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### Mary A. Pérez

#### Meet

Schedule a book signing, book club event, or speaking engagement.

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**Read “The Truth behind Mary A. Pérez’s Autobiography”**